# **BROOKINGS HIGH SCHOOL 2016 SUMMER CAMPS**

\*\*Please fill out a separate registration form for each child.\*\*

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2016	CAMP	REGISTR	ATTON

Name: Address: Parents phone: \_\_\_\_\_ Parents email:

Camp(s)

Price

Subtotal

T-shirt size Camp(s) total\_\_\_\_\_

Method of payment Check

\*\*We are unable to accept Credit/Debit cards for payment.\*\*



# **CAMP REGISTRATION DEADLINE IS MAY 27.** PLEASE DROP OFF OR MAIL TO:

BHS Activities Office • 605-696-4111 530 Elm Avenue, Brookings, SD 57006

Camp descriptions and objectives can be found by going to http://www.brookings.k12.sd.us/; click on Activities/Athletics, then Summer Camps.

#### **BOBCAT BOYS BASKETBALL CAMP**

#### **BOBCAT TEAM CAMP**

Includes camp shirt, team camp & group workout Grades 9, 10, 11, 12 (Fall, 2016) ......\$100 Dates & Times: June 1-3 – 8:00am-9:30am June 6-9 – 10:00am-11:30am

Location: Brookings High School

#### **GROUP WORKOUTS**

During the workouts, players will work on fundamental skills and implementing the skills in competitive situations like 1 on 1, 3 on 3,or 5 on 5.

Dates: June 20-23, June 27-30 and July 11-14 (Monday – Thursday) Times: 9:00am-10:30am

Location: Brookings High School Camp Staff: BHS Boys Basketball Coaches

#### **BOBCAT TEAM CAMP**

Includes camp shirt, team camp & group workout Grades 7, 8 (Fall, 2016) ......\$100 Dates & Times: June 1-3 – 10:00am-11:30am

June 6-9 – 8:00am – 9:30am Location: Brookings High School

#### **GROUP WORKOUTS**

During the workouts, players will work on fundamental skills and implementing the skills in competitive situations like 1 on 1, 3 on 3, or 5 on 5.

Dates: June 20-23, June 27-30 and July 11-14 (Monday – Thursday)

Times: 10:30am-12:00pm

Location: Brookings High School Camp Staff: BHS Boys Basketball Coaches

#### **ELEMENTARY CAMPS** Includes camp shirt Camp Staff: BHS Coaches and Athletes

Grades 5, 6 (Fall, 2016) ......\$40 Dates: June 13, 14, 15, 16 Times: 10:30am-12:00pm

Location: Camelot Intermediate School Grades 3, 4 (Fall, 2016) ......\$40

Dates: June 13, 14, 15, 16 Times: 9:00am-10:15am Location: Camelot Intermediate School

Grades 1, 2 (Fall, 2016) ......\$40

Dates: June 13, 14, 15, 16 Times: 1:00pm-2:00pm Location: Camelot Intermediate School

#### BOYS BASKETBALL OPEN GYMS Dates: June 1 – July 13

Times: Monday, 7:00pm-8:30pm, Wednesday, 2:00pm-4:00pm

Location: Brookings High School

# **BOBCAT GIRLS BASKETBALL CAMPS**

HIGH SCHOOL CAMP Includes shorts

Grades 9, 10, 11, 12 (Fall, 2016) .....\$85 Dates & Times: May 31 – June 3 – 8:00am-10:00am June 6-10 – 8:00am-9:30am

Location: Brookings High School Camp Staff: BHS Girls Basketball Coaches

POSITION SESSIONS: .....\$50 PERIMETER: June 13, 15, 20, 27, 29 & July 11, 13, 18, 20 POST: June 14, 16, 21, 23, 28, 30 & July 12, 14, 19, 21 Times: 8:00am-9:00am

MIDDLE SCHOOL CAMP Includes shorts

Grades 7, 8 (Fall, 2016) ......\$85 Dates: May 31 – June 3; June 6 – 10 Times: 10:30am-12:00pm

Location: Brookings High School Camp Staff: BHS Girls Basketball Coaches

**ELEMENTARY CAMPS** Includes Basketball Camp Staff: Bobcat Girls' Basketball Coaches & Players

Grades 5, 6 (Fall, 2016) ......\$40 Dates: June 27-30 Times: 10:00am-11:30am

Grades 3, 4 (Fall, 2016) ......\$40 Includes Shorts Dates: June 27-30 Times: 2:00pm-3:30pm

Location: Camelot Grades 1, 2 (Fall, 2016) ......\$30

Location: Brookings High School

**Includes Shorts** Dates: June 27-29 Times: 1:00pm-2:00pm Location: Camelot

# GIRLS BASKETBALL OPEN GYM

Dates: June 6 – July 14

Times: High School - Monday-Wednesday - 6:00pm-8:00pm Grades 5-8 – Tuesday-Thursday - 6:00pm-8:00pm

#### **BOBCAT FOOTBALL CAMPS**

Cash

#### BOBCAT HIGH SCHOOL FOOTBALL CAMP

Grades 9, 1, 11, 12 (Fall, 2016) ......\$60 Includes camp shirt

The purpose of summer camp is to teach football fundamentals and the Bobcat offensive and defensive schemes. This camp is for the incoming 9th graders through 12th grade BHS football players. Drill work will be divided by positions and grade level to provide safe and effective instruction. Team concepts will be taught and we encourage all participants to join us at the SDSU team camp June 15-17. That is a separate camp run by the SDSU staff and players. Sign up for the SDSU team camp will happen during the week of the Bobcat camp. Information will be provided at that time.

Dates: June 6, 7, 8, 9, 10, 13, 14, 15 Times: 8:00am-9:30am

Location: BHS Practice Football Field Camp Staff: Coach Schmidt & staff

#### BOBCAT MIDDLE SCHOOL FOOTBALL CAMP Grades 7, 8 (Fall, 2016) ......\$40

Includes camp shirt

The purpose of summer camp is to teach football fundamentals and the Bobcat offensive and defensive schemes. This camp is for incoming 7th and 8th grade football players and will help prepare our future Bobcats for their upcoming fall season.

Dates: August 4, 5, 8, 9 Times: 8:00am-9:30am

Location: BHS Practice Football Field

Camp Staff: Coach Schmidt, staff and varsity football players

#### "BOBCAT EDGE" STRENGTH & CONDITIONING Grades 9, 10, 11, 12 (Fall, 2016) .....\$100

Includes camp shirt

The Bobcat program is designed for all athletes to improve their speed, agility, and power. This program is set up to help all athletes of all sports and is not sports specific. We want all our athletes to work together, sweat together, sacrifice together, and then compete together! There will always be at least four varsity coaches involved in training our athletes in the proper technique and form of speed, agility, plyometric, core and strength training exercises. We encourage all athletes ranging from incoming freshman through seniors to join the "EDGE".

Dates: June 2-30 and July 11-August 4 (Monday, Tuesday, Thursday) Times: 6:15am-7:45am

Location: Brookings High School Staff: Coach Schmidt & Staff

# **BOBCAT VOLLEYBALL CAMPS**

#### **BOBCAT VOLLEYBALL CAMP** Grades 8, 9, 10, 11, 12 (Fall, 2016)

Includes camp shirt This camp is intended for 9-12 athletes and 8th graders who plan to

play in high school. Email Jodi.melius@k12.sd.us for registration information. Registration preferred by May 1st. Dates: June 13, 14, 15, 16

Times: 8:30am-11:30am and 1:00pm-5:30pm

Location: Mickelson Middle School

#### MIDDLE SCHOOL CAMP Grades 6, 7, 8 (Fall, 2016) .....\$50

Includes camp shirt

Any 8th graders attending the 8-12 camp may register for the 6-8 camp for only \$20 (and will receive an additional, different t-shirt for the middle school camp).

Dates: June 20, 21, 22 and weekly practices

Times: 3:00pm-5:00pm Location: Mickelson Middle School

Practices: 7th/8th – Thursdays, 12:00pm-1:00pm, beginning June 23rd 5th/6th – Tuesdays, 12:00pm-1:00pm, beginning June 28th

**ELEMENTARY CAMPS** 

#### Grades 3, 4, 5 (Fall, 2016) ......\$30 Includes camp shirt

Dates: June 20, 21, 22 and weekly practices Times: 1:30pm-3:00pm

Location: Mickelson Middle School

Practices: 5th/6th - Tuesdays, 12:00pm-1:00pm, beginning June 28th

Grades K, 1, 2 (Fall, 2016) ......\$30 Includes camp shirt Dates: June 20, 21, 22 Times: 12:00pm-1:30pm

### Location: Mickelson Middle School **BOBCAT GYMNASTICS CAMP**

# **BOBCAT GYMNASTICS CAMP**

Grades 7, 8, 9, 10, 11, 12 (Fall, 2016) ......\$85 Dates: June 1, 6, 8, 13, 15, 20, 22, 27, 29 & July 6, 11, 13

Times: 1:00pm-3:00pm (Monday - Wednesday)

Location: Gold Medal Gymnastics Coach: Rachelle Engbrecht

Register at Brookings High School

# **BOBCAT ACCELERATION CAMPS**

#### **BOBCAT ACCELERATION CAMP FOR GIRLS** Grades 9, 10, 11, 12 (Fall, 2016) ......\$90

This camp will focus on overall athletic development for female athletes with an emphasis on acceleration, speed, strength, coordination, flexibility and injury prevention. Each athlete will receive data

reflecting progress made during the course of the camp. Dates: June 6 – July 25 (Monday, Wednesday, Friday) Times: 10:00am-11:30am

Location: BHS Gymnastics Room and Weight Room Camp Staff: Jason Sebern, Scott Miller, Jim Hazelton

#### MIDDLE SCHOOL BOBCAT ACCELERATION CAMP Grades 7, 8 (Fall, 2016) ......\$60

This camp will focus on overall athletic development for young athletes with an emphasis on acceleration, speed, strength, coordination, flexibility and injury prevention. Each Athlete will receive testing data reflecting progress made during the course of the camp. Dates: June 7 – July 12 (Tuesday, Thursday)

Times: Boys – 9:15am-10:30am Girls – 10:30am-11:45am

Location: BHS Gymnastics Room and Weight Room Camp Staff: Jason Sebern and Jim Hazelton

#### **BOBCAT ACCELERATION CAMP**

Grades 5, 6 (Fall, 2016) ......\$50 This camp will focus on age-appropriate athletic development for young athletes with an emphasis on acceleration, agility, coordination and flexibility. Each child will receive instruction on these fundamental athletic skills in a positive learning environment.

Dates: June 6 – July 1

Times: Boys – 9:00am-9:50am (Wednesday, Friday) Girls – 9:00am-9:50am (Monday, Friday) Location: BHS Gymnastics Room and Weight Room Camp Staff: Jason Sebern and BHS Athletes

# **BOBCAT SPRINTS AND HURDLES CAMP-**

**BOYS & GIRLS** Grades 2, 3, 4, 5, 6, 7, 8 (Fall, 2016) .....\$20

Dates: June 3, 10, 17, 24 Times: 1:00pm-2:00pm Location: BHS Track

Camp Staff: Jason Sebern and BHS Hurdlers

# **BAND CAMPS**

# YOUTH BAND CAMP - PERCUSSION

Grades 6, 7, 8 (Fall, 2016) ......\$70 Dates: June 20, 21, 22, 23, 27, 28, 29, 30, July 1 Times: 12:05pm-1:00pm (Monday-Thursday) Location: Brookings High School Band Room

Staff: Ron Stary and BHS Students

First 10 slots for percussionist only. Non-percussionist must be signed up for youth band first, then drum line as a secondary/exploratory experience. (This class is not for switching instruments.)

#### YOUTH BAND CAMP - WOODWINDS & BRASS Grades 6, 7, 8 (Fall, 2016) ......\$65

Dates: June 20, 21, 22, 23, 27, 28, 29, 30, July 1 Times: 11:00pm-12:00pm (Monday-Thursday) Location: Brookings High School Band Room Staff: Ron Stary & BHS Students

YOUTH BAND CAMP - FLAGS

### Grades 6, 7, 8 (Fall, 2016) ......\$30 Dates: June 20, 21, 22, 23

Times: 10:00am-11:00am (Monday-Thursday) Location: Brookings High School

**SUMMER MUSIC LESSONS** Grades 5, 6, 7, 8, 9, 10, 11, 12 (Fall, 2016) (5) Five Total Lessons......\$65

(4) Four Total Lessons ......\$54 Dates: June 20 – July 15

Location: Brookings High School Band Office Lesson assignment time and day slots will be given in order by date

registration sheets are turned in. You will be notified of lesson scheduly by May 27th via email address given below. Lessons will be held at the high school band room.

# LESSON REGISTRATION

Grade\_\_\_\_Instrument\_\_\_

Please indicate the appropriate response:

Preferred Lesson Day\_\_\_\_\_

Preferred Lesson Time\_\_\_\_\_

Please indicate best times for lessons based on selection made above, (ex. Early morning, late morning, early afternoon, late afternoon.) Please indicate impossible lesson times for your child.

Payment due with Registration Sheet. Additional Method book or other needed materials extra.

Email ron.stary@k12.sd.us with questions. Checks payable to BHS Activities, Due by Friday, May 20th